



# Pandemics

## **Pre-Reading**

#### A. Warm-Up Questions

- 1. What is a pandemic?
- 2. Have you been vaccinated against any diseases? Which ones?
- 3. How do people react when new diseases suddenly begin to spread?
- 4. How do you avoid becoming sick?



#### **B. Vocabulary Preview**

Match up as many words and meanings as you can. Check this exercise again after seeing the words in context on page 2.

passed easily from person to person 1. wipe out a) 2. immunity b) a person who buys and sells things 3. merchant C) to kill, destroy 4. to inject with medicine that protects against a disease respiratory d) 5. a person who is harmed, injured, or killed contagious e) to become uncontrollably afraid or anxious 6. seasonal f) 7. the state of being unaffected by a disease elderly g) 8. h) older people vaccinate 9. i) happening only during certain times of the year victim 10. panic i) related to breathing; involving the nose, throat, and lungs



## Reading

PANDEMICS

Nothing to sneeze at

- 1. During the mid-1300s, between 75 and 200 million people across Europe and Asia were **wiped out** by the same terrible disease. This disease was called the Black Death, and it was one of the biggest pandemics in human history.
- 2. A pandemic is the worldwide spread of a new disease to which most people do not have **immunity**. Viruses that become pandemics can originate in animals. The Black Death, for example, was caused by fleas that were living on rats. These rats were found on **merchant** ships traveling to Europe.
- 3. Many pandemics involve different types of influenza, which is caused by a virus that attacks the **respiratory** system. Sometimes, the name is shortened to "the flu." The flu spreads quickly because it is highly **contagious**. The most common type of flu is the **seasonal** flu, which only lasts for a few months, but can be fatal for the **elderly** or people with weak immune systems. However, the seasonal flu rarely causes a pandemic. One reason is that people can be **vaccinated** against it.
- 4. In the 20th century, there were only three pandemics. The most serious of these was the Spanish Flu pandemic of 1918. One-fifth of the world's population was infected, and 50 million victims died. In December 2019, a new type of coronavirus (COVID-19) was found in China and soon began to spread to countries all over the world. On March 11, 2020, the World Health Organization (WHO) officially declared COVID-19 a pandemic.
- 5. People often **panic** when a new pandemic is declared. Health officials remind the public that the best way to avoid getting sick is to wash your hands regularly and cover your mouth and nose when you sneeze or cough. They also recommend not touching your face.

*"Pandemic influenza is by nature an international issue. It requires an international solution."* 

—Margaret Chan, Chinese-Canadian physician



## Comprehension

Discuss these questions in pairs and write the answers in your notebook.

- 1. What is paragraph 1 mainly about?
- 2. How did the Black Death come to Europe?
- 3. What is the most common type of flu?
- 4. What part of the population has the greatest risk of dying from the flu?
- 5. What was the most serious pandemic of the 20th century?

## **Vocabulary Review**

#### **A. Complete the Sentences**

Complete the sentences using vocabulary from page 1. You may need to change the word forms.

- 1. The supermarket doesn't sell peaches at this time of year because they are a \_\_\_\_\_\_ fruit.
- 2. In an emergency, many people feel you should help the \_\_\_\_\_\_ and children first.
- 3. There's a bee on your hand, but don't \_\_\_\_\_\_! If you move quickly, it might sting you.
- 4. Our coworker Dolores was sick last week, but now she's back at work. Don't worry, she's not \_\_\_\_\_\_.
- 5. I stopped smoking 10 years ago because I didn't want to get a \_\_\_\_\_\_ disease.

## **Vocabulary Review cont.**

#### **B.** Choose the Correct Word

Choose the word or phrase with the closest meaning to the underlined word or phrase in the following sentences.

3. We don't know exactly what

4. I'm not afraid of catching the chickenpox because I am

immune to this disease.

a) unaffected by b) offended by

c) interested in

d) superior to

a) upset

c) killed

b) confused

d) devoured

wiped out all the dinosaurs.

- 1. Before he went to Sri Lanka, Danny got vaccinated against malaria.
  - a) cured
  - b) protected
  - c) infected
  - d) informed
- 2. If you are the victim of a robbery, go to the police station as soon as you can.
  - a) target
  - b) perpetrator
  - c) witness
  - d) attacker

#### **Grammar Review**

#### **SUFFIXES**

#### **A. Introduction**

When a word ends with the suffix -ious, it is usually an adjective. For example, contagious is an adjective. Other common adjectives with this ending include *religious*, *studious*, *tedious*, and *ridiculous*.

- 5. My ancestors were wine merchants in Italy.
  - a) critics
  - b) makers
  - c) drinkers
  - d) sellers



## **Grammar Review cont.**

#### **B. Practice**

Try to guess the adjective based on the definition. The first letter is given. All of them will end with the suffix *-ious*.

#	Definition	Adjective
1	Important, not funny	Serious
2	Happening before, prior	Р
3	Worried or nervous	А
4	Very tasty	D
5	Not difficult to guess, clear	0
6	Having a lot of questions	С



## Discussion

- 1. Do you think closing international borders would help prevent the spread of pandemics?
- 2. What kinds of supplies do people buy when a pandemic is announced?
- 3. Do you know of any recent pandemics or health scares that almost became pandemics?
- 4. Do you think scientists will find a way to wipe out all diseases one day?
- 5. What is the bigger threat: a pandemic or nuclear war?
- 6. Can the government do anything to prevent a pandemic?
- 7. Should international events (e.g., conferences or sporting competitions) be canceled due to health scares such as the 2019–20 coronavirus?
- 8. In an article about the coronavirus, journalists wrote about the "thawing relationship" between Japan and China: "Nothing brings together two old foes like a common problem." How can international problems bring nations closer together?

## Ancient Chinese Poem

:

different places, we live under the same sky.

## Research

With your partner, research a historic pandemic such as the Black Death. Answer the following questions. Then share your research with the class.

- 1. Where did it start?
- 2. How did it start?
- 3. When did it start?
- 4. What were the symptoms?
- 5. How long did it last?
- 6. How many people were wiped out?



## Listening

Fill in the blanks as you listen to the recording.

#### PANDEMICS

Nothing to sneeze at

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- 2. A pandemic is the worldwide spread of a new disease to which most people do not have \_\_\_\_\_\_\_\_. Viruses that become pandemics can \_\_\_\_\_\_\_\_ in animals. The Black Death, for example, was caused by fleas that were living on rats. These rats were found on merchant ships traveling to Europe.
- 3. Many pandemics involve different types of influenza, which is caused by a virus that attacks the \_\_\_\_\_\_\_ system. Sometimes, the name is shortened to "the flu." The flu spreads quickly because it is highly contagious. The most common type of flu is the seasonal flu, which only lasts for a few months, but can be fatal for the \_\_\_\_\_\_ or people with weak immune systems. However, the seasonal flu rarely causes a pandemic. One reason is that people can be vaccinated against it.
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- People often \_\_\_\_\_\_ when a new pandemic is declared. Health officials remind the publish that the best way to \_\_\_\_\_\_ getting sick is to wash your hands regularly and cover your mouth and nose when you sneeze or cough. They also recommend not touching your face.